Packing Information & Travel Tips

Packing Tips

- Each student must be able to carry his or her own luggage.
- Don't over pack! A common mistake is to take too many clothes or unnecessary toiletries.
- Use zip top plastic bags to hold shampoos and other toiletries that could leak. Extras are handy for wet clothing or swimwear.

Recommended Items for Personal Item Bag

- Glasses and sunglasses
- Spending money, wallet
- Coat/jacket, rain jacket, or poncho (please check weather forecast before your departure)
- Magazines, books
- Watch
- Comfortable walking shoes in a bag or on your feet
- Snacks (no dairy or liquids)
- Refillable Water Bottle
- Electronics, phone, charger
- Medicines and copies of any prescriptions (given to your tour leader with specific instructions)
- Additional items needed for touring as determined by your Tour Leader.

Recommended Items for Carry-On Bag/Checked Bag

- One outfit per day and one extra outfit that follows dress code per school regulations. An extra day's worth of clothes may be handy in case of bad weather, spillage, etc.
- The usual items (underwear, jeans or pants, socks, shirts, belts, short, and long sleeve shirts). Check the forecast and pack layers accordingly.
- Pajamas
- Hygiene items, including shampoo, soap, deodorant, cosmetics, comb or brush, toothbrush, and toothpaste. Follow packing requirements for liquids.
- Swimsuits (2)
- Water Shoes
- Beach Towels
- Beach Shoes
- Extra contacts and solution
- Plastic bag for wet clothing
- Sunscreen
- Hat
- Sunglasses
- Rain Gear